

Questions for my Neurologist/Epileptologist

Preparing a list of questions will help you make the most of your time with your doctor. List your questions from most important to least important in case time runs out. For epilepsy, some basic questions to ask your doctor include:

What is likely causing my seizures?

What kinds of tests do I need?

Is my epilepsy likely temporary or chronic?

What is the best course of action?

What are the alternatives to the primary approach that you're suggesting?

How can I ensure that I don't hurt myself if I have another seizure?

I have these other health conditions. How can I best manage them together?

Are there any restrictions that I need to follow?

Should I see a specialist? What will that cost, and will my insurance cover it?

Is there a generic alternative to the medicine you're prescribing?

Are there any brochures or other printed material that I can take home with me? What websites do you recommend?

Other questions I want to ask:

In addition to the questions that you've prepared to ask your doctor, don't hesitate to ask questions during your appointment at any time that you don't understand something.

Taken from <http://www.mayoclinic.org/diseases-conditions/epilepsy/diagnosis-treatment/preparing-for-appointment/ptc-20118392>